

## GENERAL INFORMATION FORM

Date:	Last Name:	First Name:	Middle:
Date of Birth:	Age:	Address:	
Apt Number:	City:	State:	County: Zip:
Contact Phone: _____ ___ Cell ___ Work ___ Home ___ OK to call ___ OK leave VM ___ OK to text  In Case of Emergency, Call: _____  Relationship: _____		Referred By: ___ JanGallagher.com ___ Google _____ PsychologyToday.com ___ Friend ___ Family ___ EAP ___ Other _____	
		Employer: _____ ___ Part Time ___ Full Time ___ Retired ___ Disability ___ Unemployed  Occupation: _____ Educational Background: _____	
Relationship Status: ___ Single ___ Live Together ___ Engaged ___ Married ___ Partners ___ Separated ___ Divorced ___ Alternative Lifestyle  Partner/Spouse Name: _____ Age: ___ Occupation: _____ Phone: _____			
Gender: ___ Male ___ Female ___ Transgender (Male) ___ Transgender (Female) ___ Non-Binary  Optional Identification: LGBTQ+ ___ Yes ___ No Pronouns Preferred: _____			
Children Name/Age: _____/_____ _____/_____ _____/_____ _____/_____	Step Children Name/Age _____/_____ _____/_____ _____/_____ _____/_____	Religious Preference: _____  Spiritual Preference: _____	Previous Counseling? Yes ___ No ___  If yes, ___ Individual ___ Couples, ___ Family, ___ Group, ___ IOP, ___ In Patient
Primary Parents Names/Ages: Father: _____/_____ Mother: _____/_____ Divorced? Yes ___ No ___ Additional Parents Names: _____, _____		Brothers & Sisters Names/Ages: _____/_____ _____/_____ _____/_____ _____/_____	
Any Family History Of: ___ Anxiety ___ Depression ___ Alcohol Drug Addiction ___ Suicide Attempt			
I would like more information about the services checked: ___ Integrated Mind/Body Approach ___ Brain Health Assessment ___ Nutritional/Diet Information ___ Energy Psychology Methods			

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Check below if these concerns apply to you either in the past and/or the present:

	<b>PAST</b>	<b>CURRENT</b>
Alcohol Abuse		
Addiction		
Anger		
Anxiety		
Appetite Changes		
Abuse or Assault		
Blackouts		
Crying spells		
Depression		
Difficulty Concentrating		
Drug Abuse		
Eating Disorder		
Fears		
Grief		
Hallucinations		
HIV/AIDS Concerns		
Homicidal Thoughts		
Hopelessness		
Identity Issues		
Impulsivity		
Lack of Motivation		
Learning Problems		
Low Energy		
Memory Problems		
Mood Swings		
Obsessive Thoughts		
Panic Attacks		
Self Harm		
Sexual Abuse or Assault		
Sleep Difficulties		
Suicidal Thoughts		
Suicidal Attempts		

Are you currently taking any mental health medications?  Yes  No If yes, name of medication(s): \_\_\_\_\_  
 Are they helpful?  Yes  No

Current Physical Health Concerns: \_\_\_\_\_

Past Physical Health Problems and/or Major Surgery: \_\_\_\_\_

Treating Physicians: \_\_\_\_\_

Name/Specialty

Name/Specialty